

A man in a dark suit is seen from behind, with his arms outstretched. He is standing in front of a large projection screen. The screen displays the CAMH logo (a crown above the text 'camh') and the text 'Glitz and Glam FASHION SHOW'. The background is a soft, out-of-focus purple and blue light.

camh

A YEAR OF

**IMPACT, INNOVATION
& MOMENTUM**

ANNUAL REPORT 2024-25

CAMH celebrated the annual Suits Me Fine Fashion Show in October 2024.

To Our CAMH Community,

We are proud to share the 2024–25 CAMH and CAMH Foundation Annual Report. It’s been another extraordinary year—one in which we began to bring the vision behind Connected CAMH to life. Guided by our strategic plan and powered by the dedication of our community, we made meaningful progress across care, research, education and advocacy.

Throughout the year, we worked together to advance care through discovery, get upstream to improve outcomes and lift societal health. While the highlights below only scratch the surface of what we achieved this year, here are just a few of the ways CAMH moved forward:

- We celebrated the naming of the Temerty Discovery Centre and the Waverley House Secure Care & Recovery Building—important milestones in our redevelopment journey and reminders of the impact CAMH has on how the world sees and treats mental illness.
- CAMH was once again named Canada’s top mental health research hospital and surpassed \$100 million in research spending for the first time. Our researchers continue to drive innovation across the lifespan and spectrum of mental health—from youth with first episode psychosis to new mothers experiencing baby blues—and these CAMH-led breakthroughs are already changing care for people here and around the world.
- Nearly 200,000 donors helped CAMH Foundation raise over \$600 million for life-saving mental health research through the historic No One Left Behind campaign. We are inspired by this groundswell of support and the growing mental health movement—and we’re energized to carry that momentum forward.

What connects these moments—and the rest that line the pages of this report—is the people behind them. From clinicians and researchers to patients, partners and supporters, the CAMH community is driving change for people living with mental illness globally.

Thank you for your belief in what we do—and in what we can build together.



Sarah Downey
*President & CEO,
CAMH*



Anne-Marie Newton
*President & CEO,
CAMH Foundation*



Sue Armstrong
*Chair, Board of Trustees,
CAMH*



Maureen Dodig
*Chair, Board of Directors,
CAMH Foundation*

IMPACT

Where Progress Meets People

Our collective impact begins at CAMH and extends far beyond our walls—by transforming our Queen Street campus and breaking down barriers to care, we help people get the support they need, when and where they need it.

More than buildings

This year, CAMH marked milestones in our redevelopment journey with the naming of two landmark buildings: the Temerty Discovery Centre, supported by a historic \$75-million lead gift from the Temerty Foundation, and the Waverley House Secure Care & Recovery Building, in recognition of a \$203-million gift from Bruce McKean and the Waverley House Foundation.

Set to open in 2027, the Temerty Discovery Centre will be a magnet for the brightest minds in mental health research and the home of tomorrow's breakthroughs. Waverley House will provide compassionate, modernized forensic care for a patient population long overlooked by the system.

These are more than just buildings. They are symbols of what is possible when people believe and invest in better mental health care for everyone.



“As both a patient and advocate, I see the Temerty Discovery Centre as a testament to progress and compassion. It’s a beacon of hope for people like me who once felt invisible but now feel seen, valued and supported.”

- Shelley Hofer, CAMH patient and mental health advocate



Transforming the patient experience

CAMH aspires to change how people experience mental health care at our hospital, in our community and across the country.

Fighting food insecurity with dignity

Food insecurity is a growing crisis in Toronto—one that disproportionately affects people living with mental illness. This year, with generous donor support, CAMH's Gifts of Light Food Pantry Project expanded from four to 19 stocked, clinician-managed pantries. Each location is tailored to meet specific needs, from culturally relevant items at Shkaabe Makwa to nutritious snacks for youth in adolescent units.

Designed to be low-barrier and high-trust, the model allows clinical staff to select items based on patients' preferences and nutritional needs. More than 1,800 patients accessed the program this year, and demand continues to grow.



“We don’t have a lot at home, so bringing snacks helps me study.”

- CAMH youth client

6 OUT OF 19

pantries are located within CAMH outpatient adolescent units

A new front door for urgent mental health support

The Virtual Urgent Care Clinic has now supported more than 1,000 people—offering same-day, digital mental health appointments for those in distress but not in crisis. Launched by CAMH in August 2023, it is the first hospital-based service of its kind in Canada.

The clinic provides rapid, one-time appointments with nurse practitioners, typically within hours of intake. It has helped divert hundreds of people from emergency departments and created new pathways to care for those without a family doctor or prior connection to CAMH. The clinic shows how digital tools can expand access, improve patient experience and reshape how mental health care is delivered across the system.



“This is so convenient, I don’t have to skip work.”

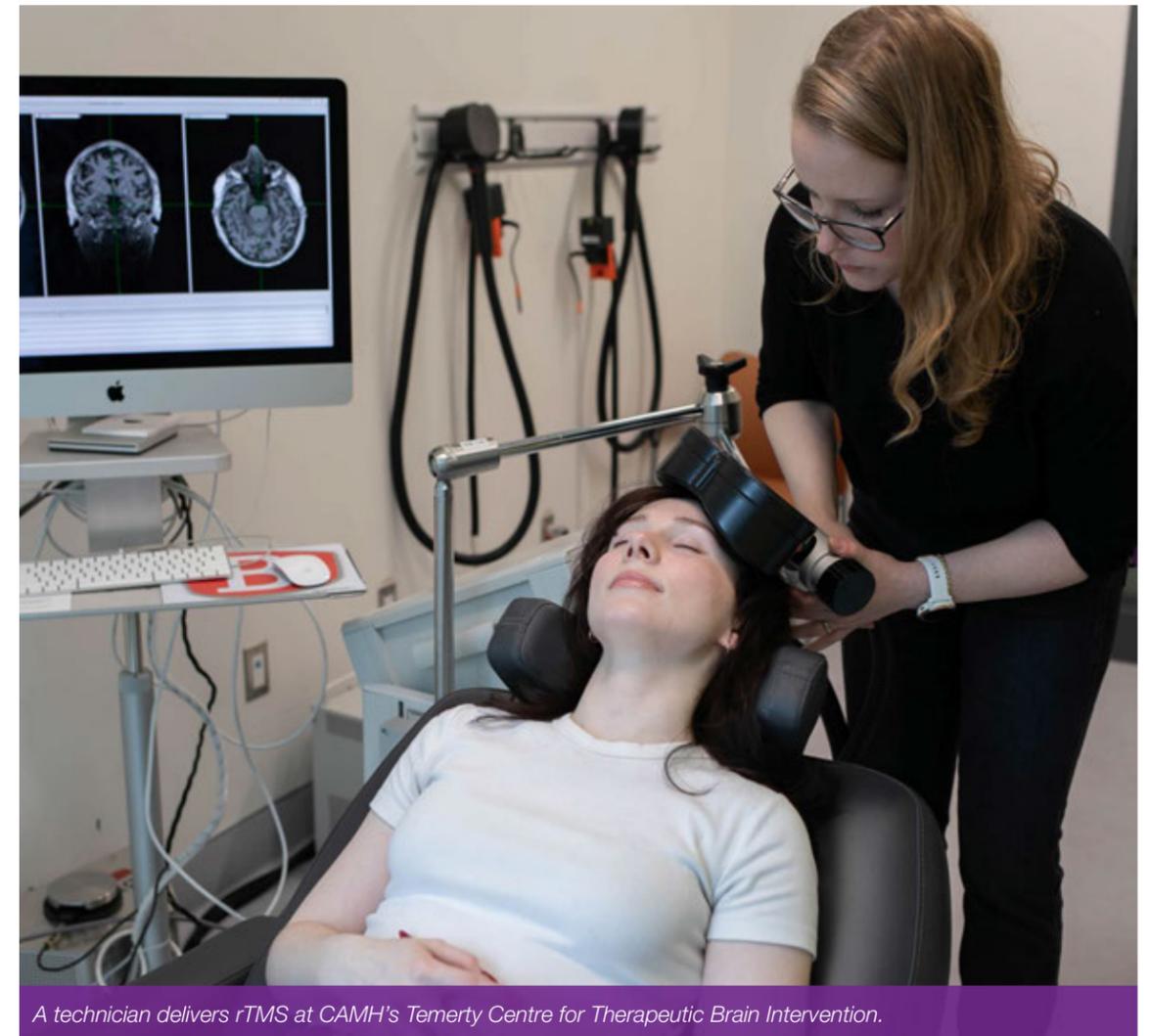
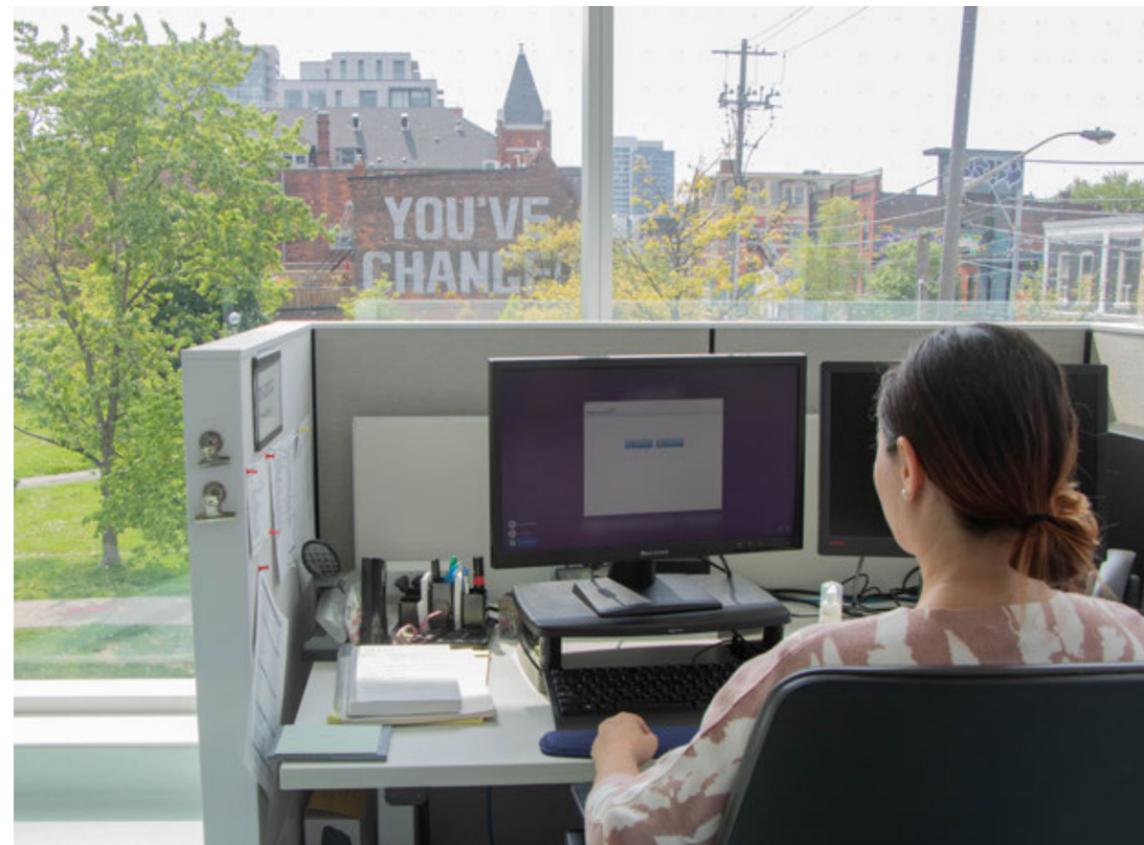
- Virtual Urgent Care Clinic patient

87%

Virtual Urgent Care Clinic patient satisfaction rate

87%

of patients would recommend the Virtual Urgent Care Clinic to family or friends



A technician delivers rTMS at CAMH's Temerty Centre for Therapeutic Brain Intervention.

Advancing research that increases access to care

At the Temerty Centre for Therapeutic Brain Intervention, CAMH is changing what's possible for people living with complex or treatment-resistant mental illness—especially those who have faced stigma, side effects or exclusion in traditional care.

This year, researchers completed a 13-year study showing that repetitive transcranial magnetic stimulation (rTMS) may be a highly effective, less-stigmatized alternative to electroconvulsive therapy (ECT) for seizure-related illness. They also launched a world-leading trial combining ECT with intravenous ketamine to treat suicidal ideation and began testing an intermittent theta-burst stimulation (iTBS) protocol that could reduce a 30-day treatment course to just five days—making care more accessible for people who must travel long distances. Recognizing the need for inclusive practice, the team also released new clinical guidelines to expand rTMS eligibility to patients with concurrent substance use—removing a longstanding barrier to care.

CAMH By the Numbers 2024-25

A by-the-numbers look at CAMH's impact and how we drive change in mental health care, research, education and beyond.



CARE

38,544

Unique patients

19,090

Ontario Structured Psychotherapy sessions

15,691

Emergency Department visits

5,315

rTMS appointments (non-invasive brain stimulation treatment for hard-to-treat mental illness)

85,197

Virtual Urgent Care Clinic visits



RESEARCH

\$130M

in total research expenditures

1,287

Peer-reviewed publications

27

Research Chairs

57%

of all peer-reviewed publications included international collaboration



EDUCATION*

*All Education stats are preliminary figures **Learners and attendees are not unique

50,394

Continuing Professional Development learners**

5,385

Simulation-based learners**

2,016

Student rotations

2,862

Indigenous health care professionals, educators, Elders and Knowledge keepers**

17,331

Patients, family members and community members attended **100+** webinars**

1,457

Attendees participated in **88** Collaborative Learning College courses

(CLC offers nonclinical education for people with lived experience who are ready to set goals, build skills and connect with others)



PEOPLE

4,408

CAMH staff

403

Physicians

421

Volunteers

368

Corporate volunteers



SUPPORTERS

37,607

Monthly donors

1,952

Sunrise Challenge participants

65+

Community fundraiser events

INNOVATION

Building What's Next

At CAMH, innovation means asking better questions, listening deeply, and designing solutions that reach more people, more effectively. Through groundbreaking research, care models co-created with patients and families, and strategic partnerships, we're building better mental health care for everyone.

From discovery to delivery

CAMH research redefines what effective, accessible mental health care can look like—whether through scalable therapy models or promising new treatments for complex conditions.

Improving maternal mental health care

One in five pregnant and postpartum people experience depression and anxiety. Fewer than one in 10 receive care. The SUMMIT trial, co-led by CAMH Senior Scientist Dr. Daisy Singla, set out to change that.

Published in *Nature Medicine*, the study is one of the largest psychotherapy trials in the world—and the first to show that non-specialists like nurses, doulas and midwives can deliver talk therapy just as effectively as psychologists and psychiatrists. It also found that online sessions are equally as effective as in-person care.

With 1,230 participants across Canada and the US, the results show that scalable, inclusive care models are not just possible, but urgently needed. Health systems now have a clear path to expand access, especially in communities where specialist services are scarce or stigmatized.



“Talk therapy is effective but largely inaccessible. Leveraging simple, pragmatic solutions like task-sharing and telemedicine has the potential to transform health care—and lives”

- Dr. Daisy Singla, Senior Scientist, CAMH



“By restoring neural function and reversing memory deficits, this drug represents a potential early intervention for Alzheimer’s, addressing the root cause of memory loss—something no current drugs can achieve.”

- Dr. Etienne Sibille, Scientific Director, Neurobiology of Depression and Aging Program, CAMH (pictured centre)

A potential breakthrough in early Alzheimer’s treatment

In a preclinical study published this year, CAMH researchers showed that an experimental drug—GL-II-73—can restore memory and reverse brain cell damage in mouse models of Alzheimer’s disease.

Unlike current treatments that only slow symptoms, GL-II-73 targets a root cause of cognitive decline: disrupted brain signaling in the hippocampus. It strengthens neural connections and improves memory—sometimes after a single dose.

The study, led by Drs. Etienne Sibille and Thomas Prevot, is the result of over a decade of work through CAMH’s Neurobiology of Depression and Aging Program. Now advancing through CAMH-founded biotech start-up Damona Pharmaceuticals, GL-II-73 has received FDA clearance for human trials, with participants expected to be enrolled in 2025.

Leading in digital mental health care

CAMH leads the future of digital mental health through global collaboration and a commitment to equity. We harness the power of data and technology to reimagine how care is delivered.

A hub for digital innovation

In 2024, CAMH launched the Digital Innovation Hub to accelerate the design, testing and implementation of digital tools in clinical and community settings. Led by Interim Scientific Director, Dr. Gillian Strudwick, who is also CAMH's Chief Clinical Informatics Officer, the Hub brings together researchers, clinicians, educators and technology experts to scale practical, data-driven solutions across the system.

Digital equity in northern and remote communities

Psychiatrist and CAMH Medical Director of Virtual Care Dr. Allison Crawford, was appointed the UArctic Chair in Public Mental Health and Community-Centred Digital Innovation in 2024. In this role, she is deepening her long-standing engagement with Arctic communities—leading conversations to identify mental health priorities to co-develop culturally meaningful digital health solutions, with Indigenous knowledge and leadership at the centre.



Expanding AI’s role in mental health

Dr. Tristan Glatard, Director of the Krembil Centre for Neuroinformatics, was named the inaugural BMO Financial Group Chair in Artificial Intelligence and Mental Health in early 2025. This role, jointly held with the University of Toronto and made possible by support from BMO and the Krembil Foundation, is accelerating how CAMH applies AI to improve mental health care. Dr. Glatard’s work focuses on developing predictive tools and decision-support systems that turn complex data—like brain scans, clinical notes and wearable sensor outputs—into actionable insights. With a focus on transparency, equity and clinical utility, his leadership is helping CAMH build a learning health system where research and care continuously inform one another.

Care that starts with people

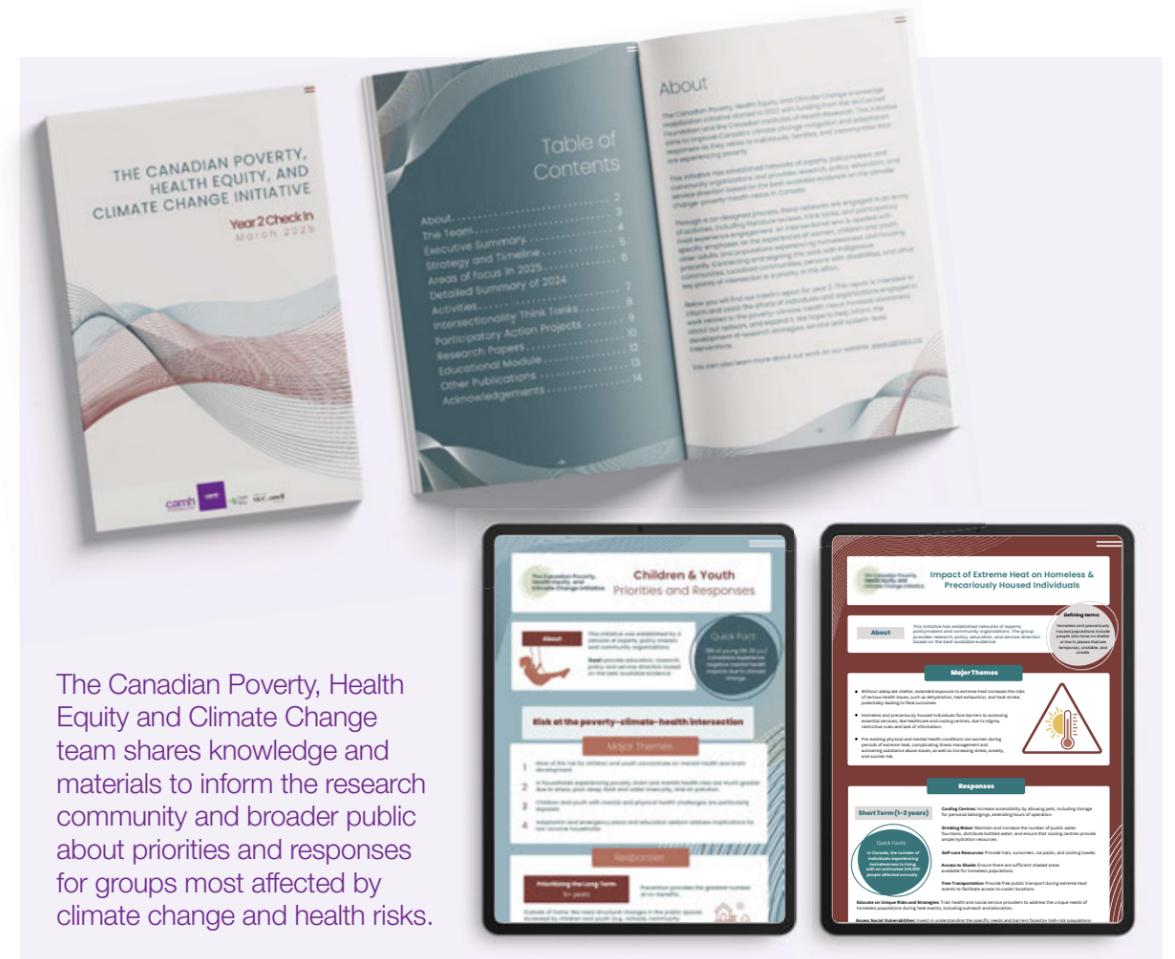
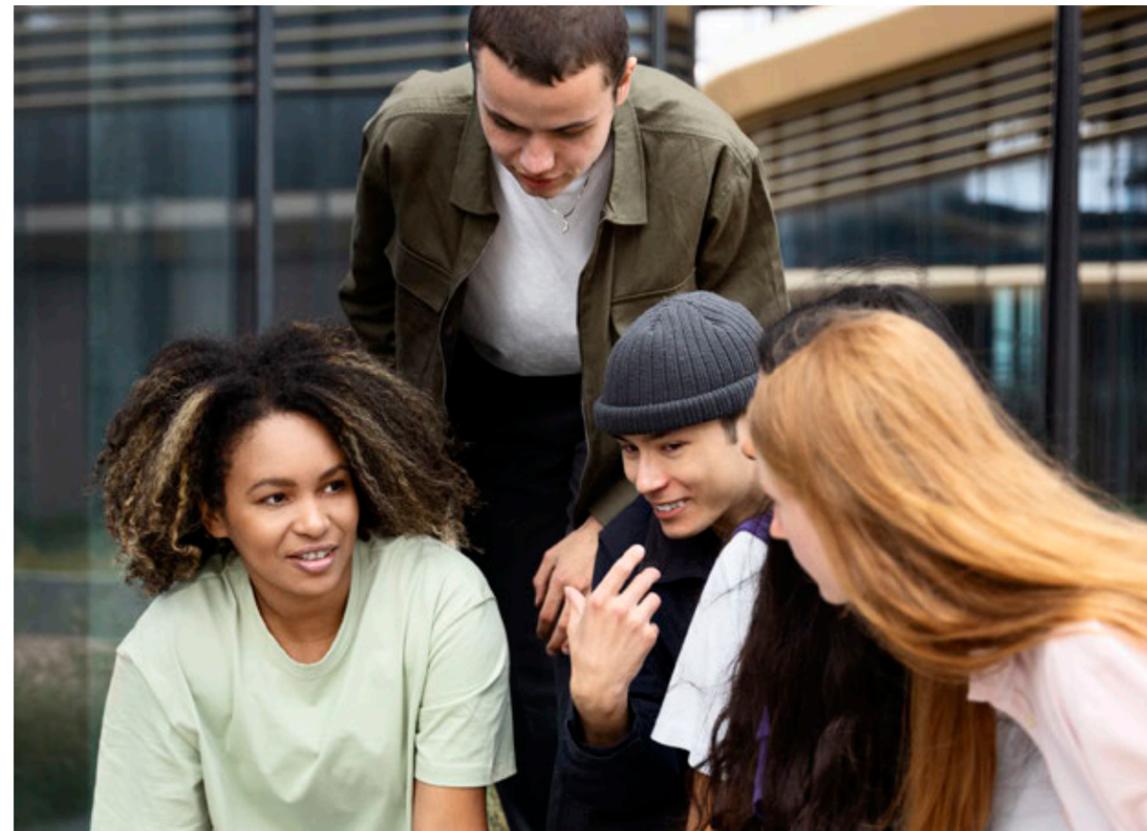
CAMH addresses factors that contribute to mental illness—like housing instability and climate change—with care models that are inclusive, responsive and built for real life.

Preventing homelessness, supporting recovery

Youth facing homelessness are at higher risk of mental illness, trauma and long-term instability. CAMH research is helping break that cycle.

At the Slight Family Centre for Youth in Transition, Dr. Sean Kidd and his team have spent more than a decade developing the Housing Outreach Program-Collaboration (HOP-C): a “critical time intervention” model that provides intensive support for youth transitioning into housing. Delivered with partners like Covenant House, LOFT and Indigenous-led services in Thunder Bay, the program connects young people with case managers, peer workers and clinicians to stabilize participants’ housing, support their recovery and help them build pathways to education and employment.

A major Toronto-based trial is now expanding HOP-C, with a vision for national scale. Youth participants have also co-created By Youth, For Youth resources—peer-informed guides on housing rights, inclusion and navigating services.



Protecting mental health in a changing climate

Climate change is already affecting mental health—and those most at risk are often the least protected. People facing poverty, housing instability, disability or systemic discrimination are more likely to experience the negative impacts of extreme weather and less likely to access care.

Through the Canadian Poverty, Health Equity and Climate Change (CPHECC) Initiative, CAMH is working to change that. Led by Dr. Sean Kidd, the project brings together researchers, community partners and people with lived experience to explore how climate-related stressors—like heat, displacement or loss of housing—impact mental health and what we can do in response.

In 2024–25, the team hosted national think tanks, co-designed solutions with communities and published recommendations for mental health-informed climate adaptation—including access to water and shelter during heat events and embedding mental health supports into local emergency planning.

“If you’re unhoused during a heatwave, you’re not just at risk of dehydration—you’re at risk of being invisible.”
- CPHECC participant

Innovation through partnership

CAMH partners with hospitals, communities, people with lived experience and families to build a more connected system where mental health is health.

One year of 9-8-8

CAMH led the launch of 9-8-8 in 2023 in partnership with the Government of Canada, helping build a faster, more accessible path to support for people across the country.

The life-saving service offers trauma-informed, culturally affirming support—in English and French—24 hours a day, seven days a week. It's there for anyone thinking about suicide or worried about someone they know.

Since then, responders have answered more than 300,000 calls and texts, offering immediate help, finding ways to ensure safety and creating space for connection when it's needed most. National, provincial, territorial and local partners—alongside CAMH—are the backbone of 9-8-8. Together, they are building a coordinated system that puts people first and saves lives.

300,000+
calls and texts answered
from November 2023 to
November 2024

9-8-8 **Suicide Crisis Helpline**

Care close to home

In 2025, CAMH and Lakeridge Health launched a first-of-its-kind partnership to transform mental health care in Durham Region through a replicable model of academic and clinical excellence. The goal: to deliver accessible, high-quality care close to home by better integrating hospital and community services.

Lakeridge Health sees more than 126,000 visits related to mental health and substance use each year. This collaboration will strengthen mental health supports, create clear pathways to care and support people on their path to long-term recovery.

“Partnerships like this are a key driver of our Connected CAMH strategic plan. We are bringing our clinical, research and education expertise together with Lakeridge Health’s breadth of clinical expertise and deep community roots, to improve access to integrated care in Durham and beyond”

- Sarah Downey, President & CEO, CAMH



Thriving Minds: A new vision for child and youth mental health

Through a partnership with SickKids and the Garry Hurvitz Centre for Community Mental Health, CAMH is helping reimagine how young people access care. The collaboration—now named Thriving Minds—will create a coordinated access model supported by triage, navigation and culturally safe services. The new name and logo, co-developed with CAMH’s Peer Expert Advisory Body, reflect what matters most: hope, growth and a welcoming space. This is system-building in action—reducing fragmentation, addressing waitlists and ensuring no one is left behind while waiting for help.

Stronger together: CAMH x UHN

CAMH and the University Health Network (UHN) are two of Canada’s leading research hospitals. Now, through a formal partnership, we will combine our strengths to improve how patients experience care—mentally and physically.

We’re working to reduce patient transfers, streamline imaging and lab services and improve coordination of addictions care. CAMH teams will have better access to physical health services, while UHN teams will benefit from expanded mental health and addictions expertise. The impact has been immediate: 2,000 UHN staff completed CAMH’s award-winning Trauma-Informed De-Escalation Education for Safety and Self-Protection (TIDES) training this year, contributing to a 14 per cent drop in the use of physical restraints during psychiatric emergencies.

The partnership also extends to research. A Master Collaboration Agreement now supports joint clinical trials, shared core facilities and faster study approvals—streamlining our efforts and accelerating discovery.

MOMENTUM

The Growing Movement for Better Mental Health

At CAMH, momentum comes from people, communities and partners driving change together. This year, it showed up in calls for equity, shifts in policy and practice, and supporters turning belief into action.

Rooted in equity

CAMH is doing our part to create a just society. Culturally responsive care, community leadership and continuous improvement are central to how we deliver better care—for everyone.

Raising the bar on quality and safety

Quality, safety and patient experience are inseparable—and improving them means transforming how care is designed and delivered. That’s the focus of CAMH’s new Quality Improvement (QI) Academy, launched under the leadership of Dr. Tara Burra, CAMH’s first Medical Director of Quality, Experience and Safety.

The QI Academy is a hub for staff training, system learning and front-line innovation. Its flagship Q-ImPaCT Fellowship helps clinicians gain certification in quality and safety through the University of Toronto—equipping more staff to lead change across the hospital. With a strong emphasis on patient partnership, CAMH is building capacity to design systems that work better—for patients, families and care teams alike.



“At the heart of our work is the patient and family experience. Our goal is to strengthen the relationship between safety, experience and quality to deliver the best possible care effectively and efficiently.”

- Dr. Tara Burra, Director, Quality, Experience and Safety, CAMH



“Previously, families would travel up to two hours for a 60-minute appointment. Now we are able to deliver more services to underserved youth in a way that reduces barriers and saves lives.”

- Donna Alexander, Social Worker, AMANI

A speaker inspires and energizes the crowd at the AMANI launch event in March 2025.

AMANI: A new chapter in Black youth mental health

This year, CAMH and the Black Health Alliance launched AMANI: Mental Health & Substance Use Services for Black Youth—a reimagining of the long-standing SAPACCY program into a province-wide network rooted in Africentric, anti-racist and trauma-informed care. Named for the Swahili and Arabic words for “peace” and “wishes,” AMANI supports youth aged 12–29 through therapy, navigation and family support across eight community and hospital sites.

With \$11 million in federal and provincial funding, the program now includes consultation teams to improve transitions between hospital and community care, and training in racial trauma-informed practices for providers. AMANI is Canada’s first hospital-community partnership of its kind—and a national example of what culturally affirming care can be.

Creating space for belonging and awareness



Love Your Brain, moderated by Melissa Grelo (far left), brought together scientists, including CAMH's Dr. Liisa Galea (far right), clinicians and community members to explore how hormonal transitions affect women's brain health, from puberty to menopause.



Above the Noise, featuring NBA All-Star DeMar DeRozan and former Minister for Women and Gender Equality and Youth Marci Ien, created space for youth and families to speak honestly about depression, stigma and resilience.



All the Little Monsters, a book launch with author David A. Robertson and Shkaabe Makwa, opened a dialogue about anxiety, culture and healing—complete with a community mural where attendees could respond to their own “little monsters.”

Strengthening the system

A better mental health system starts with the right foundation. CAMH improves how care is designed, supported and sustained through evidence, innovation and strong partnerships across sectors.

Driving change with the next generation

Across Canada, young people continue to face fragmented systems, long wait times and barriers to care. CAMH is helping lead a shift—building models that are integrated, co-designed with youth and backed by data.

Integrated Youth Services: In 2024, the federal government committed \$15 million to establish the Integrated Youth Services (IYS) Collaboration Centre, led by CAMH. The national centre is supporting provinces and territories to develop one-stop youth mental health hubs that integrate care for mental health, substance use, housing, education, employment and primary care. The goal is simple: earlier support for young people, closer to home, on their own terms.

Ontario Student Drug Use and Health Survey: CAMH continues to lead the way in youth mental health research through the Ontario Student Drug Use and Health Survey (OSDUHS)—the longest-running study of its kind in Canada. The 2023 results revealed rising levels of psychological distress among Ontario students, including increased rates of anxiety, self-harm and suicidal thoughts. This work is about more than data. CAMH's leadership of OSDUHS ensures that governments, researchers and service providers have crucial evidence to understand emerging trends, respond to growing needs and invest where it matters most. From funding models to clinical research, these insights shape the future of youth mental health care in Ontario and beyond.

NAVIGATE: CAMH's gold-standard model for care coordination and supporting patients and families in early psychosis care continues to expand. In 2024, the province committed \$19 million to bring NAVIGATE to more than 50 sites across Ontario. CAMH is now partnering with Canadian Mental Health Association (CMHA) Toronto to tailor the model for urban communities, including those that have been historically underserved.

Training the system to respond better

Effective care depends on confident, well-prepared providers. CAMH's Education team is building that confidence through immersive training and collaboration.

The CAMH Simulation Centre developed a virtual reality simulation to teach the public how to recognize opioid overdose and administer naloxone. A new partnership with the University of Toronto is extending the tool's reach, bringing more health care settings and community organizations across Ontario.

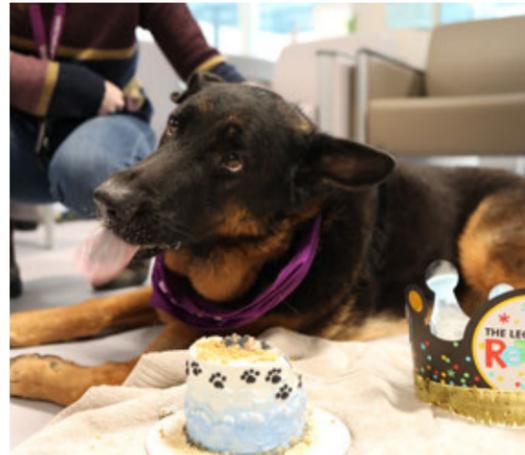
Another VR training module helps clinicians build skills in suicide risk assessment through interactive patient scenarios and structured debriefs—bridging the gap between learning and practice.

Celebrating our community

This year, the CAMH community came together in many ways—rising with the sun, walking the runway or lighting up the holiday season to name a few. We are proud to move forward together to a future where no one is left behind.



CAMH *womenmind*™ International Women's Day event, March 2025



CAMH Pet Therapy Program, year-round



Suits Me Fashion Show, October 2024



Diwali celebrations, November 2024



Black History Month celebrations, February 2025



CAMH Pow Wow, September 2024



CAMH Business Leaders for Mental Health Symposium, October 2024



CAMH Sunrise Challenge, June 2025 (photo courtesy of Brenda Jasmin)



Gifts of Light Holiday Tree Lighting, November 2024



CAMH Culinary Program Graduation, December 2024

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FINANCIAL SNAPSHOT

CAMH Hospital Financial Snapshot

Statement of operations for the year ended March 31
(expressed in thousands of dollars)

REVENUE	2025	2024
MINISTRY OF HEALTH AND FEDERAL GOVERNMENT	558,755	486,290
COVID-19 FUNDING	-	1,836
RESEARCH AND OTHER GRANTS	85,135	81,601
ANCILLARY AND OTHER	49,987	36,503
PATIENT REVENUE	3,092	2,587
AMORTIZATION OF DEFERRED CAPITAL CONTRIBUTIONS	31,617	30,552
INVESTMENT INCOME	12,063	9,617
TOTAL REVENUE	740,649	648,986

EXPENSES	2025	2024
COMPENSATION	443,030	420,427
SUPPLIES AND OTHER	201,056	161,102
AMORTIZATION OF CAPITAL ASSETS	38,851	40,625
DRUGS AND MEDICAL SUPPLIES	10,789	10,637
RENT	3,307	3,020
INTEREST	12,754	13,039
TOTAL EXPENSES	709,787	648,850
EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR	30,862	136

CAMH Foundation Financial Snapshot

Statement of revenue and expenses for the year ended March 31

REVENUE	2025	2024
DONATIONS	81,558,506	91,773,645
SPECIAL EVENTS	2,168,530	2,852,803
INVESTMENT INCOME	32,196,241	24,567,125
TOTAL REVENUE	115,923,277	119,193,573
EXPENSES	2025	2024
FUNDRAISING AND ADMINISTRATION	22,317,847	21,075,079
SPECIAL EVENTS	1,016,736	1,144,244
TOTAL EXPENSES	23,334,583	22,219,323
EXCESS OF REVENUE OVER EXPENSES BEFORE GRANTS FOR THE YEAR	92,588,694	96,974,250
GRANT EXPENSES	91,934,982	69,261,395
EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR	653,712	27,712,855

2024/25
Grants By Type

\$118,058

Education

\$3,243,313

Programs

\$27,023,611

Research

\$61,550,000

Capital & Redevelopment

\$91,934,982

Total Grants

DONORS

Thank you to our donors

The mental health movement has never been more important. Thank you to the many people who have shared their time, effort, passion and commitment with CAMH.

Because of supporters like you, we are creating a world where Mental Health is Health — a world where no one is left behind. Your support helps to ensure that everyone, no matter who they are or where they come from, has access to the care they need.

CAMH is also deeply grateful to have received many anonymous gifts from the United Way, and gifts provided through Friends of CAMH. To all these generous donors: thank you for standing with us and for those we serve. Together, we are building a future of better mental health care for everyone.

Visionary Donors

April 1, 1998 – March 31, 2025

Visionary Society members have committed to \$1 million or more to lead change for mental health. Using the power of their philanthropy and leadership, they are redefining the limits of what is possible in research and care to help people recover more quickly and more fully.

\$100,000,000+

Waverley House Foundation

\$50,000,000+

Orlando Corporation
Temerty Foundation

\$25,000,000+

The Campbell Family
Krembil Foundation

\$10,000,000+

The Azrieli Foundation
Balsam Foundation
Bell
BMO
Linda C. Campbell
The Peter Cundill Foundation
FDC Foundation
Garron Family

The Michael and Sonja Koerner Charitable Foundation
Michael H. McCain and Family
Margaret & Wallace McCain
The Slight Family Foundation
TD Bank Group

\$5,000,000+

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We are honoured to recognize the following individuals who have committed to continued support of CAMH through their estate. Their legacy will help change the future of mental health care. We are grateful for their generosity.

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Michael Wilson Society

The Michael Wilson Society brings together generous forward-thinking leaders committed to advancing mental health. We are proud to recognize the support of members of our Michael Wilson Society, which strives to continue The Honourable Michael Wilson's dedication to CAMH, our vision and our mission.

Timothy & Jane Bates
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 Bill Wright & Julia Gorman

Workplace and Community Giving

CAMH is fortunate to have strong community and workplace partnerships that rally behind CAMH. These groups raise funds on behalf of CAMH while raising awareness of mental health and helping to reduce stigma. A special thank you to all hosts and organizers in 2024-25.

23rd Birthday Fundraiser
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 Wake Up for Wellness
 West Coast Swing

womenmind™

We are proud to honour the members of womenmind™, a dedicated community of philanthropists and thought leaders working to close the gender gap in mental health. This year marked a significant milestone as we celebrated the fifth anniversary of womenmind™ and recognized the remarkable impact of its fundraising achievements and awareness-building efforts.

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Sunrise Challenge

We are deeply grateful to the thousands of individuals, companies and communities who rallied around CAMH's Sunrise Challenge in 2025. This year marked a special milestone: the fifth anniversary of Canadians rising together and raising funds in support of mental health. The Sunrise Challenge inspires participants to greet the day while raising vital funds for groundbreaking mental health research, including suicide prevention initiatives.

We are proud to recognize the sponsors and the top 10 community and corporate teams from the 2024 Sunrise Challenge. To all those who supported the 2025 Sunrise Challenge, thank you. We look forward to celebrating your generosity in next year's report.

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We are proud to recognize our dedicated volunteers whose expertise and commitment are vital to achieving our goals for CAMH.

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Sarah Downey
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Randi & Alan Bass
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Cam Fowler
Rachel Garbutt
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Valerie Pringle
Amanda Riva
Alicia Samuel, *Co-Chair*
Sandi Treiving

Vision

Health redefined.

Mission

We are dedicated to patient, family and community well-being. We improve access to integrated care, answer the most difficult questions about mental illness and remove barriers to belonging. Together, we choose hope.

Values

Courage, Respect, Excellence.

camh

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