# Camp Centre for Addiction and Mental Health

## 2016 Ontario Perception of Care (OPOC) Results

April 2017

### Highlights

#### Ontario Perception of Care (OPOC-MHA) Survey:

- Administered from November 1-18, 2016
- Second year using OPOC tool
- Helps us understand what we are doing well and where we can do better -- and is a crucial component in our ongoing efforts in quality improvement

### Highlights

- Analyses Conducted:
  - Descriptive and correlational analyses conducted
  - Insufficient sample size to support unit/clinic level analyses
- Results:
  - Overall decrease in performance seen
  - Similar themes to 2015 survey identified for quality improvement

### Methodology

#### High level analysis done on:

- Overall (All Programs)
- Inpatient
- Outpatient
- Responses grouped into:
  - Positive responses = strongly agree + agree
  - Negative responses = strongly disagree + disagree
- Top/bottom OPOC domains were calculated by counting the top/bottom 10 items in each domain
  - For Overall (All Programs), the Residential or Inpatient domain was excluded

## 2016 OPOC Respondent Numbers/Item Response Range

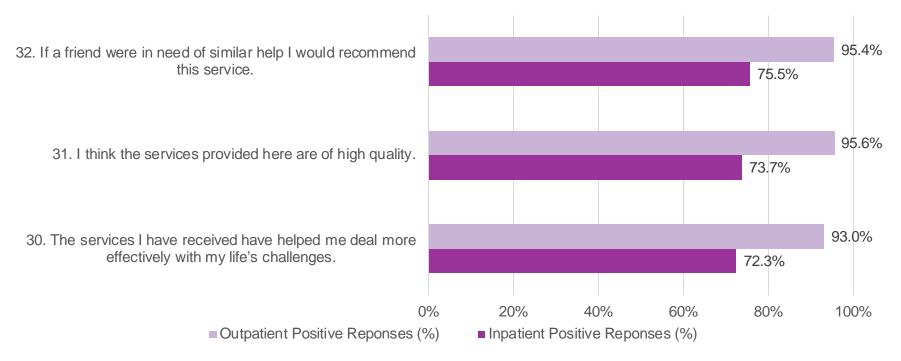
	Registered Patients with mental health, substance use, addiction, and/or gambling-related problems
Overall (All programs)	731
Inpatient	170
Outpatient	561

#### Item Response Rate:

- Overall (All Programs): 80.6% 98.1% (excluding residential/inpatient items)
- Inpatient: 80.4% 96.6%
- Outpatient: 79.3% 98.5%

### **Overall Experience Chart 2016**

#### CAMH Overall Experience - OPOC 2016



 Overall, outpatient positive responses were higher than inpatient positive responses for all questions asked in OPOC's overall experience domain. The highest and lowest positive responses for outpatients was item 31 (96%) and item 30 (93%) respectively. The highest and lowest positive responses for inpatients was item 32 (76%) and item 30 (72%) respectively.

### **Overall Experience Table 2016**

	Inpatient				Outpatient					
Overall Items	(Of	Responses those cable)	Denomi nator			Positive Responses (Of those applicable)		Denomi N/A & Miss nator (Of overa		-
30. The services I have received have helped me deal more effectively with my life's challenges.	72.3%	102	n = 141	17.1%	29	93.0%	475	n = 511	8.9%	50
31. I think the services provided here are of high quality.	73.7%	109	n = 148	12.9%	22	95.6%	501	n = 524	6.6%	37
32. If a friend were in need of similar help I would recommend this service.	75.5%	108	n = 143	15.9%	27	95.4%	502	n = 526	6.2%	35

The table above shows the same thing as the previous slide, broken down into more detail

#### Inpatient Overall Experience: 2015 vs. 2016 Results

<b>OPOC 2015</b>	<b>Item 30 =</b>	<b>Item 31 =</b>	<b>Item 32 =</b>
	77.9%	83.2%	83.9%
	-5.6%	-9.5%	-8.4%
OPOC 2016	<b>Item 30 =</b>	<b>Item 31 =</b>	<b>Item 32 =</b>
	72.3%	73.7%	75.5%

camh

**Note:** Outpatient overall experience results are similar for 2015 vs. 2016

#### 2016 Top/Bottom 10 Overall (All Programs) Overview

#### **Overview:**

- The top 10 positive responses for overall ranged from 94.4% to 90.8%.
- The bottom 10 positive responses for overall ranged from 62.4% to 83.0%.
- The highest rated positive response was item 20 Staff believed I could change and grow (Therapist/Support Workers/Staff) – with 94.4% (same as 2015).
- The lowest rated positive response was item 16 If I had a serious concern, I would know how to make a formal complaint to this organization (Participation/Rights) – with 62.4% (same as 2015).

#### <u>2015 vs. 2016</u>

- 8 of the top 10 positive responses in 2016 remained the same as 2015
- 8 of the bottom 10 positive responses in 2016 remained the same as 2015
- Orders of items may have changed on both the top and bottom 10 responses

## 2016 Top 10 Inpatient Items – highest to lowest

Items	Positive Responses (Of those applicable)		Denominator	N/A & Missing (Of overall)	
20. Staff believed I could change and grow. (Therapists/Support Workers/Staff)	83.8%	119	n = 142	16.5%	28
24. I was given private space when discussing personal issues with staff. <b>(Environment)</b>	81.8%	121	n = 148	12.9%	22
26. The program accommodated my needs related to mobility, hearing, vision, and learning, etc. <b>(Environment)</b>	81.5%	106	n = 130	23.5%	40
18. I was treated with respect by program staff. (Therapists/Support Workers/Staff)	80.5%	128	n = 159	6.5%	11
19. Staff were sensitive to my cultural needs (e.g., religion, language, ethnic background, race). (Therapists/Support Workers/Staff)	80.2%	97	n = 121	28.8%	49
17. I found staff knowledgeable and competent/qualified. (Therapists/Support Workers/Staff)	80.1%	125	n = 156	8.2%	14
34. Rules or guidelines concerning my contact with my family and friends were appropriate to my needs. (Residential/Inpatient Section)	79.8%	103	n = 129	24.1%	41
<ol> <li>I was seen on time when I had appointments. (Access/Entry to Services)</li> </ol>	79.3%	115	n = 145	14.7%	25
14. I was assured my personal information was kept confidential. (Participation/Rights)	78.2%	115	n = 147	13.5%	23
22. Overall, I found the facility welcoming, non-discriminating, and comfortable (e.g., entrance, waiting room, décor, posters, my room if applicable). <b>(Environment)</b>	77.9%	120	n = 154	9.4%	16

#### 2016 Bottom 10 Inpatient Items – lowest to highest

Items	Positive Responses (Of those applicable)		Denominator	N/A & Missing (Of overall)	
16. If I had a serious concern, I would know how to make a formal complaint to this organization. (Participation/Rights)	57.8%	62	n = 147	13.5%	23
37. The quality of the food was acceptable. (Residential/Inpatient Section)	62.8%	54	n = 145	14.7%	25
<ol><li>6. I received enough information about the programs and services available to me. (Access/Entry to Services)</li></ol>	63.3%	58	n = 158	7.1%	12
33. There were enough activities of interest to me during free time. (Residential/Inpatient Section)	63.5%	50	n = 137	19.4%	33
10. I received clear information about my medication (i.e., side effects, purpose, etc.) (Services Provided)	67.7%	51	n = 158	7.1%	12
36. The area in and around my room was comfortable for sleeping (e.g., noise level, lighting). <b>(Residential/Inpatient Section)</b>	68.5%	45	n = 143	15.9%	27
29. Staff helped me identify where to get support after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)	69.5%	36	n = 118	30.6%	52
8. Staff and I agreed on my treatment services and support plan. (Services Provided)	71.3%	43	n = 150	11.8%	20
27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)	71.4%	34	n = 119	30.0%	51
38. My special dietary needs were met (e.g., diabetic, halal, vegetarian, kosher). <b>(Residential/Inpatient Section)</b>	72.4%	29	n = 105	38.2%	65

## 2016 Top 10 Outpatient Items – highest to lowest

ltems	Positive Responses (Of those applicable)		Denominator	N/A & Missing (Of overall)	
23. Overall, I found the program space clean and well maintained (e.g., meeting space, bathroom, and my room if applicable). <b>(Environment)</b>	98.1%	509	n = 519	7.5%	42
26. The program accommodated my needs related to mobility, hearing, vision, and learning, etc. <b>(Environment)</b>	97.7%	335	n = 343	38.9%	218
24. I was given private space when discussing personal issues with staff. <b>(Environment)</b>	97.6%	478	n = 490	12.7%	71
20. Staff believed I could change and grow. (Therapists/Support Workers/Staff)	97.3%	504	n = 518	7.7%	43
14. I was assured my personal information was kept confidential. (Participation/Rights)	96.3%	524	n = 544	3.0%	17
<ol> <li>I was treated with respect by program staff. (Therapists/Support Workers/Staff)</li> </ol>	96.1%	520	n = 541	3.6%	20
22. Overall, I found the facility welcoming, non-discriminating, and comfortable (e.g., entrance, waiting room, décor, posters, my room if applicable). <b>(Environment)</b>	95.8%	500	n = 522	7.0%	39
17. I found staff knowledgeable and competent/qualified. (Therapists/Support Workers/Staff)	95.6%	518	n = 542	3.4%	19
21. Staff understood and responded to my needs and concerns. (Therapists/Support Workers/Staff)	94.9%	504	n = 531	5.4%	30
25. I felt safe in the facility at all times. (Environment)	94.8%	488	n = 515	8.2%	46

# 2016 Bottom 10 Outpatient Items – lowest to highest

Items	Positive Responses (Of those applicable)		Denominator	N/A & Missing (Of overall)	
16. If I had a serious concern, I would know how to make a formal complaint to this organization. (Participation/Rights)	63.6%	188	n = 517	7.8%	44
28. I have a plan that will meet my needs after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)	73.4%	94	n = 353	37.1%	208
29. Staff helped me identify where to get support after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)	77.9%	74	n = 335	40.3%	226
27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)	80.0%	69	n = 345	38.5%	216
3. The location of services was convenient for me. (Access/Entry to Services)	80.7%	105	n = 545	2.9%	16
1. The wait time for services was reasonable for me. (Access/Entry to Services)	82.1%	98	n = 547	2.5%	14
<ol> <li>I was referred or had access to other services when needed, including alternative approaches (e.g., exercise, meditation, culturally appropriate approaches). (Services Provided)</li> </ol>	83.2%	80	n = 476	15.2%	85
2. When I first started looking for help, services were available at times that were good for me. (Access/Entry to Services)	83.6%	89	n = 543	3.2%	18
4. I was seen on time when I had appointments. (Access/Entry to Services)	85.6%	79	n = 549	2.1%	12
10. I received clear information about my medication (i.e., side effects, purpose, etc.) (Services Provided)	86.8%	57	n = 433	22.8%	128

### **Correlation Methodology**

- Analysis was split by outpatient and inpatient.
- N/A responses were excluded.
- Pearson, 2-tailed correlations were conducted.
  - The closer the correlation coefficient (r) is to +1, the stronger the positive correlation:

<0.2	Very weak relationship
0.2-0.4	Weak relationship
0.4-0.6	Moderate relationship
0.6-0.8	Strong relationship
> 0.8	Very strong relationship

- Overall experience items were excluded from the top/bottom correlated items for overall experience items 30, 31, & 32.
- The 5 highest correlated items (top 5) and 5 lowest correlated items (bottom 5) were reported along with the sample size.

## **2016 Final Conclusions**

#### 2016 Inpatient Highest Quality Improvement Area Focus

- 1) Item 29. Staff helped me identify where to get support after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)
- 2) Item 27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)
- 3) Item 8. Staff and I agreed on my treatment services and support plan. (Services Provided)

#### 2016 Outpatient Highest Quality Improvement Area Focus

- 1) Item 27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)
- 2) Item 28. I have a plan that will meet my needs after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)
- 3) Item 29. Staff helped me identify where to get support after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)

## 2015 & 2016 Final Conclusions

Inpatient	Highest Quality Improvement Area Focus
2016	<ul> <li>Item 29. Staff helped me identify where to get support after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)</li> <li>Item 27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)</li> <li>Item 8. Staff and I agreed on my treatment services and support plan. (Services Provided)</li> </ul>
2015	<ul> <li>Item 29. Staff helped me identity where to get support after I finished the program/treatment (Discharge or Finishing the Program/Treatment)</li> </ul>

Outpatient	Outpatient Highest Quality Improvement Area Focus				
2016	<ul> <li>Item 27. Staff helped me develop a plan for when I finish the program/treatment. (Discharge or Finishing the Program/Treatment)</li> </ul>				
	<ul> <li>Item 28. I have a plan that will meet my needs after I finish the program/treatment. (Discharge or Finishing the Program/Treatment)</li> </ul>				
	<ul> <li>Item 29. Staff helped me identify where to get support after I finish the program/treatment.</li> <li>(Discharge or Finishing the Program/Treatment)</li> </ul>				
2015	<ul> <li>10. I receive clear information about my medication (i.e., side effects, purpose, etc.) (Services Provided)</li> </ul>				

Overall theme for the highest quality improvement focus areas in both IP and OP are: Primary) Discharge or Finishing the Program/Treatment; & Secondary) Services Provided domains



- Analysis of the OPOC family survey
- Unit-specific analysis (where possible)
- Qualitative analysis
- Disseminate results of both surveys with patients, family, and staff
- Programs to develop action plans for priority areas
- Complete pilot with 5 question survey at discharge on two units (3 month) and assess for spread and scale
- Explore opportunity to conduct OPOC survey more frequently or at staggered times across the organization