Can your Smartphone Help You Identify Mood Changes?

Study Title: Using Smartphone Technology for the Early Detection of Bipolar Episodes in Youth

Principle Investigator: Dr. Stefan Kloiber

Study Details:

The researchers are aiming to learn if information collected by your smartphone can help predict a mood episode such as depression or mania and hence gain better control over mood episodes.

Your participation would include:

- Completion of assessment and self report questionnaires

- Installing a mobile app on your cell-phone for 12 months

- Providing a saliva (spit) sample (optional)

More Information:

All study tasks can be completed at CAMH or from home.

You will receive a compensation for your time.

Participation in this study is voluntary. Your decision to participate or not will not affect the services you receive at CAMH.

Eligibility:

You are:

- **Between the ages of 13 and 45 years**

- **Diagnosed with bipolar disorder**

- **Have an Android or iOS smartphone**

- **Otherwise healthy**

For more information please contact the study coordinator at:

BEHAPP.Study@camh.ca
416-535-8501 ext. 31580

*The security of information sent by e-mail cannot be guaranteed. Please do not communicate personal sensitive information by e-mail.

For information about programs and services at CAMH, please visit **www.camh.ca** or call 416-535-8501 (or 1-800-463-6273)

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